

# 2022 Credit Union Cherry Blossom Ten Mile - Elite Men (3/27/22)

#03

**Kimining, Shadrack (26)**

DOB: 2/19/96

Residence:

Citizen of: KEN

Lifetime PRs: - / - / 59:27/hmar

Career: 3rd, '21 Antrim Coast Half Marathon (1:00:32); 3rd, '20th Aramco Half-Marathon (59:27 PB); 8th, '20 AirTel Delhi Half-Marathon (59:51); 2nd, '19 Cardiff University Cardiff Half Marathon (59:32 PB); 5th, '19 Medio Maratón Valencia Trinidad Alfonso EDP Half Marathon (59:40); 3rd, '18 Yangzhou Jianzhen International Half Marathon (1:01:35); 5th, '17 Mattoni Karlovy Vary Half Marathon (1:01:37); 1st, '16 Cardiff University Cardiff Half Marathon (1:00:53).

2022 Times: 5th, '22 Aramco Half Marathon (1:00:53); 3rd, '22 Medio Maratón Internacional Electrolit Guadalajara Half-Marathon (1:01:33).

#05

**Kimetei, Wilfred (37)**

DOB: 3/11/85

Residence:

Citizen of: KEN

Team: Asics

Lifetime PRs: 28:02/ - / 59:40/hmar

Career: 2nd, '19 Ottawa10k Canadian Championships (28:16); 6th, '18 RAK Half Marathon (59:40 PB); 1st, '17 Mattoni Karlovy Vary Half Marathon (1:00:54 PB/CR); 4th, '17 Mattoni Ustif Half Marathon (1:00:12 PB); 1st, '16 First Lady's Half-Marathon (1:00:38); 1st, '16 Parelloop 10k (28:02).

2022 Times: 3rd, '22 Aramco Half Marathon (1:00:44).

#07

**Kosimbei, Nicholas (25)**

DOB: 10/1/96

Residence:

Citizen of: KEN

Lifetime PRs: 27:52/ - / 1:00:21/hmar

Career: 4th, '18 Meia-Maratona Internacional de Lisboa EDP Half Marathon (1:00:21); 1st, '18 Gifu Seiryu Half Marathon (1:01:12); 7th, '16 Prefontaine Classic 10,000m (27:03 PB).

#09

**Sambu, Stephen (33)**

DOB: 7/7/88

Residence:

Citizen of: KEN

Lifetime PRs: 27:25/ - / 1:00:41/hmar

Career: 6th, '19 Lilac Bloomsday Run 12k (35:23); 3rd, '19 B.A.A. 10k (28:11); 7th, '19 AJC Peachtree 10k (28:38); 4th, '19 Boilermaker 15k (44:13); 4th, '19 Quad-City Bix 7 Mile (33:05); 2nd, '19 New Balance Falmouth Road Race 7 Mile (32:29); 7th, 'TCS New York City Marathon (2:11:11); 7th, Aramco Half Marathon (1:00:41 PB); 6th, '18 UAE Healthy Kidney 10k (29:08); 3rd, '18 B.A.A. 10k (28:36); 2nd, '18 TD Beach to Beacon 10k (28:27); 4th, '18 New Balance Falmouth Road Race 7 Mile (28:51); 2nd, '18 EQT Pittsburgh 10 Miler (46:56); 3rd, '17 World's Best 10k (28:34); 1st, '17 Bank of America Shamrock Shuffle 8k (22:47); 3rd, '17 UAE Healthy Kidney 10k (28:31); 2nd, '17 B.A.A. 5k (13:22); 4th, '17 TD Beach to Beacon 10k (28:16); 1st, '17 New Balance Falmouth 7 Mile Road Race (32:14); 5th, '17 Bank of America Chicago Marathon (2:11:07 PB).

Past Credit Union Cherry Blossom Top 10 Finishes: 5th, '19 (9.96 miles corrected time for 10 miles) (46:55/47:06).

#11

**Estrada, Diego (32)**

DOB: 12/19/89

Residence: Flagstaff, AZ

Citizen of: USA

Lifetime PRs: - / 2:11:54/ 1:00:51/hmar

Career: 4th, '19 Payton Jordan Invitational 10,000m (27:58); 8th, '19 USATF Distance Classic 5000m (13:38); 10th, '19 Faxon Law New Haven Road Race 20k (USA Championships) (1:01:29); 19th Chicago Marathon (2:11:54 PB); 2nd, '17 Bank of America Shamrock Shuffle 8k (23:06); 9th, '17 Bolder BOULDER 10k (29:59); 6th, '17 Wharf to Wharf 6 Mile (27:48); 16th, '17 Bank of America Chicago Marathon (2:15:19); 5th, '16 B.A.A 5k (13:54); 3rd, '16 Bolder BOULDER 10k (29:41); 6th, '16 Laxon Law New Haven Road Race (USA Men's and Women's 20k Championships (59:44); 1st, '15 USA Half Marathon Championships (1:00:51 DB); 6th, '15 Carlsbad 5000 (13:56); 1st, '15 Mt. SAC Relays 5000m (13:31.64); 9th, '15 Prefontaine Classic 10,000m (27:31 PB); 15th, '15 USA Outdoor Championships Men's 5000m (14:07.51); 8th, '15 USA Outdoor Championships Men's 10,000m (28:36.06); 10th, '15 CVS Health Downtown 5k (U.S. 5-K Championships for Men and Women) (14:22); 7th, '15 US National Road Racing Championships (34:46).

2022 Times: 17th, Gate River Run 15k (45:08 PB).

#17

**Zienasellassie, Futsum (29)**

DOB: 12/16/92

Residence: Indianapolis, IN

Citizen of: USA

Lifetime PRs: - / - / 47:01/10 miles

Career: 1st, '21 Great Cow Harbor 10k (29:53); 5th, '21 Blue Cross Broad Street Run 10 Mile (47:01); 2nd, '21 Amway Bank Run 25k (USATF 25k Open Championships for Men and Women) (1:14:28 DB); 5th, '21 Mortgage Network Half-Marathon (USATF Half-Marathon Championships for Men & Women) (1:01:21 PB); 14th, '20th Aramco Half-Marathon (1:01:44 PB); 5th, '19 USA Half Marathon Championships (Pittsburgh Half Marathon) (1:03:55); 1st, '19 Great Cow Harbor 10k (29:36); 1st, '19 Monterey Bay Half Marathon (1:02:33 PB/CR); 11th, '18 Faxon Law New Haven Road Race 20k (USA Men's and Women's 20-K Championships)(1:03:04); 8th, '18 Medtronic Twin Cities USA 10 Mile Championships (47:28); 5th, '17 Cow Harbor 10k (29:54); 2nd, '17 Monterey Bay Half Marathon (1:04:02 DB).

2022 Times: 6th, Gate River Run 15k (43:29 PB).

Past Credit Union Cherry Blossom Top 10 Finishes: 6th (2nd US), '19 Credit Union Cherry Blossom 10 Mile (9.96 miles corrected time for 10 miles) (46:57/47:08).

#19

**Wanjiku, Charles (21)**

DOB: 5/16/00

Residence:

Citizen of: KEN

Lifetime PRs: 29:45/ - / 1:01:23/hmar

#21

**Buchanan, Reid (29)**

DOB: 2/3/93

Residence: San Diego, CA

Citizen of: USA

Team: On/Mammoth TC

Lifetime PRs: - / 2:11:38/ 1:01:45/hmar

Career: 4th, '21 USATF Golden Games and Distance Open at Mt. SAC 5000m (13:32); 9th, '21 USA Olympic Trials 10,000m (28:04); 7th, '21 Faxon New Haven Road Race 20k Championships (1:00:24); 16th, '20 Houston Half (1:01:45); 13th, '20 The Marathon Project (2:11:38 DB); 3rd, '19 Carlsbad 5000 (13:56); 5th, '19 Payton Jordan Invitational 10,000m (27:59 PB); 8th, '19 Bolder BOULDER 10k (29:46); 4th, '18 Crescent City Classic 10k (28:57 PB); 12th, Lilac Bloomsday Run 12k (35:35); 7th, '18 Atlanta Journal Constitution Peachtree Road Race 10k (29:08); 12th, '17 Lilac Bloomsday Run 12k (36:03); 5th, '17 Quad-City Times Bix 7 Mile (USA 7 Mile Championships)(33:29).

#23

**Austin, Brogan (30)**

DOB: 10/5/91

Residence: West Des Moines, IA

Citizen of: USA

Team: New Balance

Lifetime PRs: - / 2:12:38/ 1:01:52/hmar

Career: 7th, '21 Amway Bank Run 25k (USATF 25k Open Championships for Men and Women) (1:15:37 DB); 1st, '19 Road to Gold 8 Mile (38:07); 6th, '19 United Airlines NYC Half (1:02:41); 4th, '19 USA Half Marathon Championships (Pittsburgh Half Marathon) (1:03:39); 2nd, '18 Dam to Dam 20k (1:03:07); 1st, '18 California International Marathon (USA Marathon Championships For Men & Women) (2:12:38 PB); 8th, '16 EQT Pittsburgh 10 Miler (49:03 PB).

2022 Times: 52nd, Gate River Run 15k (49:50).

#29

**Reichow, Joel (28)**

DOB: 7/24/93

Residence: St. Paul, MN

Citizen of: USA

Team: Minnesota Distance Elite

Lifetime PRs: - / 2:15:45/ 1:02:38/hmar

Career: 13th, '21 Mortgage Network Half-Marathon (USATF Half-Marathon Championships for Men & Women) (1:03:38).

2022 Times: 26th, Gate River Run 15k (45:51).

Past Credit Union Cherry Blossom Top 10 Finishes: 8th, '21 (47:36).

#31

**Lalang, Lawi (30)**

DOB: 6/15/91

Residence: Colorado Springs, CO

Citizen of: USA

Lifetime PRs: - / - / 1:02:49/hmar

Career: 6th, '21 USATF Golden Games and Distance Open at Mt. SAC 5000m (14:05); 6th, '21 Blue Cross Broad Street Run 10 Mile (47:11); 6th, '21 Amway Bank Run 25k (USATF 25k Open Championships for Men and Women) (1:15:37 DB); 10th, '21 Mortgage Network Half-Marathon (USATF Half-Marathon Championships for Men & Women) (1:02:49 PB); 6th, '19 Payton Jordan Invitational 10,000m (28:04); 1st, '19 USATF Distance Classic 5000m (13:26); 1st, '19 Army Ten-Miler (48:38); 8th, '16 Carlsbad 5000 (13:58); 6th, '16 Quad-City Times Bix 7 (33:38); 6th, '16 Applied Materials Silicon Valley Turkey Trot/Elite 5k (13:44); 1st, '15 Carlsbad 5000 (13:32); 7th, '15 Prefontaine Classic 5000m (13:17).

2022 Times: 1st, '22 All-America City 10k (29:16).