

**Rachel Smith**

**Female, born Jul 18, 1991**

**Nationality: USA**



*//Photo: David Hicks hicks\_david//*

#### **WORLD ATHLETICS HIGHEST RANKED PERFORMANCES**

<https://worldathletics.org/athletes/united-states/rachel-smith-14937083>

**56.44 : 400m** : 3rd, OHSAA Division State Championships, Dillard OH, Jun 4, 2021 (all ranked are 400m)

#### **HIGHLIGHTS, 2022-2024**

5th, 2024 The TEN 10,000m (31:04.02)

**1st, 2024 Gate River Run USATF 15K Championships (48:26)**

5th, 2024 USATF Indoor Championships 1500m (4:13.76)

4th, 2024 USATF Indoor Championships 3000m (9:10.21)

2nd, 2023 Abbott Dash to the Finish Line 5K USATF 5K Championships (15:26)

#### **HIGHLIGHTS PRIOR TO 2022**

**1st, 2021 USATF Road Mile Championships, Des Moines IA (4:30.26)**

**3rd, 2021 USATF Olympic Trials 5000m (15:28.11)**

**5th, 2021 USATF Olympic Trials 10,000m (31:42.92)**

1st, 2021 Camel City Invitational 3000m (8:57.01)

1st, 2021 Camel City Invitational mile (4:30:54)

6th, 2019 Gate River Run 15K (51:40)

**1st, 2019 USATF Distance Classic 5000m (15:06.71)**

6th, 2019 NYRR New York Mini 10K (32:47)

**4th, 2019 USATF Track & Field Championships 5000m (15:17.91)**

**2nd, 2018 USATF Track & Field Championships 5000m (15:32.71)**

**4th, 2018 USATF Track & Field Championships 1500 (4:08.33)**

**For additional information:** <https://www.rrmonlineguide.com/athletes/5082>