

## ATHLETE BIOS SORTED ALPHABETICALLY BY LAST NAME - WOMEN

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### Sydney Bowman

Female, born Sep 27, 1991

Nationality: USA

#### WORLD ATHLETICS HIGHEST RANKED PERFORMANCES

**2:32:39 : marathon** : 1st, Pittsburgh Marathon (May 6, 2018)

**1:13:48 : 10 Miles** : 11th, Cherry Blossom 10 Mile (Apr 8, 2018)

**34:11 : 10K road** : 1st, Run Mag Mile 10K (Sep 7, 2019)

**52:31 : 15K** : 7th, Gate River Run 15K (Mar 2, 2024)

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### Tsehay Desalegn

Female, born Oct 28, 1991

Nationality: ETH

#### WORLD ATHLETICS HIGHEST RANKED PERFORMANCES

<https://worldathletics.org/athletes/ethiopia/yessehay-desalegn-14443739>

**2:27:35 : marathon** : 2nd, Hangzhou Marathon (Nov 4, 2018)

**1:09:04 : half marathon** : 9th, Copenhagen Half Marathon (Mar 29, 2014)

For additional information: <https://www.rrmonlineguide.com/athletes/4511>

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### Rosie Edwards

Female, born Aug 20, 1988

Nationality: GBR

#### WORLD ATHLETICS HIGHEST RANKED PERFORMANCES

<https://worldathletics.org/athletes/great-britain-ni/rosie-edwards-14274969>

**2:31:56 : marathon** : 3rd, British Marathon Championships (Mar 26, 2021)

**15:28 : 5K road** : 1st, Louisville 5K (Mar 5, 2017)

**33:02 : 10K road** : 1st, Jingle Bell 10K, Indianapolis (Dec 10, 2016)

**1:12:24 : half marathon** : 4th, Las Vegas Gold Half Marathon (Jan 23, 2021)

**55:53 : 10 miles** : 1st, Papa John's 10 Mile (Apr 1, 2017)

For additional information: <https://www.rrmonlineguide.com/athletes/6796>

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## Elena Hayday

Female, born Nov 1, 1999

Nationality: USA

### WORLD ATHLETICS HIGHEST RANKED PERFORMANCES

<https://worldathletics.org/athletes/united-states/elena-hayday-14726754>

2:30:51 : marathon : 7th, Grandma's Marathon (Jun 17, 2023)

32:41.24 : 10,000m : 4th, Raleigh Relays (Mar 4, 2024)

1:11:38 : half marathon : Aramco Half Marathon (Jan 15, 2023)

54:32 : 10 miles : 10th, Credit Union Cherry Blossom 10 Mile (Apr 2, 2022)

For additional information: <https://www.rrmonlineguide.com/athletes/7796>

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## Deena Kastor

Female, born Feb 15, 1971

Nationality: USA

### WORLD ATHLETICS HIGHEST RANKED PERFORMANCES

<https://worldathletics.org/athletes/united-states/deena-kastor-14309297>

4:07.82 : 1500m : Hechtel, BEL (Aug 5, 2000)

5:02.04 : 1 mile : San Diego CA (Jun 5, 2014)

8:42.59 : 3000m : Zurich, SUI (Aug 11, 2000)

9:35.89 : 2 miles : Walnut, CA (Apr 19, 2002)

14:51.62 : 5000m : Stockholm (Aug 1, 2000)

30:50.32 : 10,000m : Palo Alto, CA (May 3, 2002)

14:54 : 5K road : Carlsbad, CA (Apr 7, 2002)

24:36 : 8K road : Chicago, IL (Apr 3, 2005)

31:44 : 10K road : New York, NY (June 12, 2004)

47:15 : 15K : Jacksonville, FL (Mar 8, 2003)

1:07:34 : half marathon : Berlin, GER (Apr 2, 2006)

2:19:36 : marathon : London, GBR (Apr 23, 2006)

For additional information: <https://www.rrmonlineguide.com/athletes/1397>

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## Stephanie Sherman

Female, born Nov 4, 1997

Nationality: USA

### WORLD ATHLETICS HIGHEST RANKED PERFORMANCES

<https://worldathletics.org/athletes/united-states/stephanie-sherman-14774481>

**33:25.31 : 10,000m** : 16th, NCAA Championships (Jun 10, 2021)

**9:19.12 : 3000m** : 3rd, Boston Univ. Terrier Classic indoor (Jan 28, 2022)

**16:07.58 : 5000m** : 3rd, Windy City Invitational indoor (Feb 10, 2023)

**2:39:58 : marathon** : 63rd, USATF Olympic Marathon Trials (Feb 3, 2024)

**1:14:40 : half marathon** : 19th, USATF Half Marathon Championships (Dec 5, 2021)

For additional information: <https://www.rrmonlineguide.com/athletes/8052>

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## Breanna Sieracki

Female, born Aug 5, 1995

Nationality: USA

### WORLD ATHLETICS HIGHEST RANKED PERFORMANCES

<https://worldathletics.org/athletes/united-states/breanna-sieracki-14534360>

**1:10:55 : half marathon** : 16th, Aramco Half Marathon (Jan 14, 2024)

**9:56.83 : 3000m** : 6th, Nashville Music Distance Festival (Jun 10, 2017)

**2:33:26 : marathon** : 10th, Grandma's Marathon (Jun 17, 2023)

**9:59.33 : 3000m S/C** : Drake Relays (Apr 25, 2019)

**15:38.53 : 5000m** : 11th, USATF Distance Classic (May 16, 2019)

For additional information: <https://www.rrmonlineguide.com/athletes/6027>

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## Catherine Syokau Mwanzau

Female, born Aug 20, 1999

Nationality: KEN

### WORLD ATHLETICS HIGHEST RANKED PERFORMANCES

<https://worldathletics.org/athletes/kenya/catherine-syokau-mwanzau-14590670>

**32:52 : 10K road** : 1st, Cotton Row 10K (May 27, 2019)

**15:37.79 : 5000m** : 6th, World U20 Championships (Jul 23, 2016)

**9:10.03 : 3000m** : Kenya World U20 Trials (Jun 11, 2018)

For additional information: <https://www.rrmonlineguide.com/athletes/8794>